



**Państwowa Wyższa  
Szkoła Zawodowa  
w Sanoku**

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# STUDY IN SANOK

Sanok 2017



1887



Polystyren & Marmelada

RYNEK

18

Wielki Rynek

ZA DARMO

# SANOK

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Sanok is a middle-sized town (ca. 40,000 inhabitants) located in the south-east of Poland close to Slovakia and Ukraine. The town is sometimes called “the gate to the Bieszczady Mountains” – a unique National Park. The history of Sanok goes back to the Middle Ages, which is reflected in the renovated buildings of its historical Old Market Square. Today Sanok is an important cultural and touristic place with two major museums – the Open Air Museum (Skansen) with Galician Market and the Historical Museum located in the Old Castle, with one of the largest collections of icons and paintings by Zdzisław Beksiński, a famous contemporary Polish painter. Sanok is also one of the biggest automotive and plastic industry centers in eastern Poland.





# ACADEMY

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Jan Grodek State Vocational Academy in Sanok is a public institution of higher education. It was founded in 2001. Since its founding in 2001 this institution has been committed to implementing the idea of the international dimension of higher education, relying on the highest European educational standards and experience of the world's most respected institutions of higher education and research and enterprises. The Jan Grodek State Vocational Academy's campus consists of 6 buildings with modern equipment, science laboratories, a library and a brand new sports center.





ESN  
BRAȘOV



**IESN**  
INTERNATIONAL EXCHANGE  
ERASMUS STUDENT NETWORK

# INTERNATIONAL COOPERATION

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International cooperation is an important element of the Academy's educational strategy. The Academy has been a partner of European Erasmus exchange program since 2009 when it was awarded Erasmus University Charter, and then in 2014 Erasmus Charter for Higher Education. We currently cooperate with 38 institutions of higher education within the framework of Erasmus+ program, which gives our students a possibility to be better prepared for the global job market. Student exchange is also part of agreements signed with universities from countries outside of European Union, as e.g. Ukraine and Belarus.





WYŻ  
PAŃSTWOWA  
SZKOŁA ZAWODOWA  
im. Jana Grodka w Sa



# FACULTY, DEPARTMENTS AND DEGREES OFFERED

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# FACULTY OF SCIENCES AND ARTS

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## **Department of Artistic Education in Musical Arts**

(bachelor degree):

B. A. in Artistic Education in Musical Arts

## **Department of Culture and Media Studies**

(bachelor degree):

B. A. in New Media, Advertisement and Contemporary Culture

B. A. in Computer Graphics

B. A. in Photography and Film

## **Department of Social Work** (bachelor and master degree):

B. A. in Social Work

B. A. in Social Work with Community and Institutional Care Elements

B. A. in Social Work with Caring for an older and disabled person

B. A. in Social Work with Resocialization

M. A. in Social Work with Organization and Management Elements

## **Department of Pedagogy** (bachelor degree)

B. A. in Pedagogy

B. A. in Speech Therapy and Pedagogical Therapy

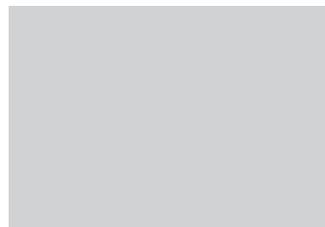
B. A. in Care and Educational Pedagogy with Pedagogical Therapy

B. A. in Early and Preschool Education

## **Department of Economics** (bachelor degree)

B. A. in Economy

B. A. in Economics and trade sales





# FACULTY OF MEDICAL SCIENCE

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## **Department of Nursing**

(bachelor and master degree)

B. A. in Nursing

M. A. in Nursing

## **Department of Paramedic Science**

(bachelor degree)

B. A. in Paramedic Science

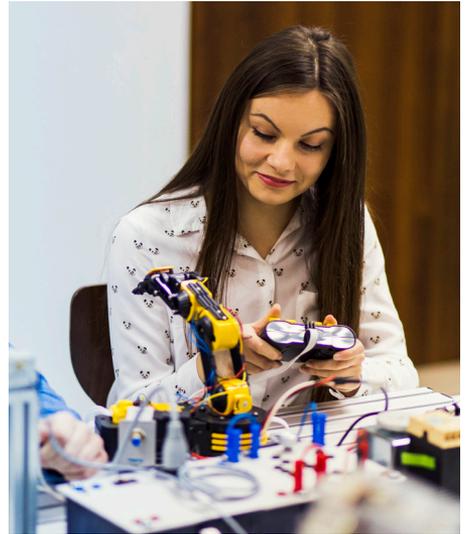




# FACULTY OF TECHNOLOGY (ENGINEER DEGREE)

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- B. Sc. in computer science applied in the mechanical engineering
- B. Sc. in structure and operation of motor vehicles
- B. Sc. in mechatronics industrial appliances
- B. Sc. in the programming and the operation of CNC machine tools
- B. Sc. in computer assisting designed





# FACULTY OF AGRICULTURE AND FOREST MANAGEMENT

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## **Department of Agriculture** (engineer degree)

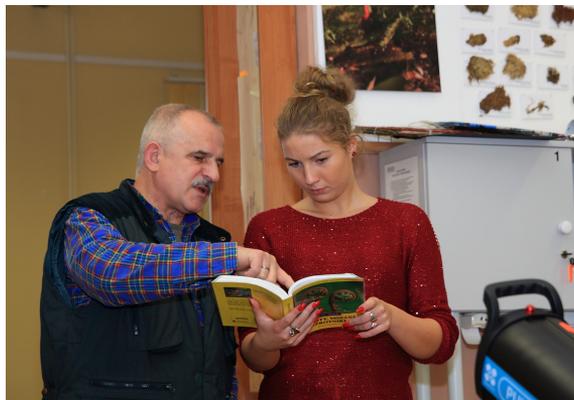
B. Sc. in Agriculture

B. Sc. in agricultural-economic consulting

B. Sc. in the monitoring and the forming of the agricultural environment

## **Department of Forestry**

B. Sc. Agriculture and Forest Ecosystems





# PRACTICAL INFORMATION

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## **Cost of living**

As Sanok is not a metropolis, the costs of living here is lower than in big cities. Example prices provided below should give an idea of how much living in Sanok costs. The prices are just approximate and they are subject to change.

Renting a room (a place in a double room): 300 PLN (ca 66 euros) per month

Food: lunch at a canteen: 10 PLN (2,2 euros); restaurant meal: 20 PLN (4,4 euros); A pizza in a pizzeria: 18 PLN (ca 4 euros); a litre of milk: 2.50 PLN (ca 0,5 euros); a loaf of bread: 2.50 PLN (ca 0,5 euros); beer: 3 PLN (ca 0,6 euros)

Transport: Local transport (single): 2.50 PLN (ca 0,5 euros); Coaches: Sanok – Rzeszów (80 km) – 15 PLN (ca 3,3 euros), Sanok – Kraków (210 km) – 32 PLN (ca 7 euros), Sanok – Warszawa (375 km) – 61 PLN (13,5 euros); petrol per litre: 4.50 (ca 1 euro); diesel per litre: 4.20 PLN (ca 0,9 euros); Taxi: 2 PLN (ca 0,4 euros) per km.

Having Fun: cinema ticket: 14 PLN (ca 3,1 euros); museum ticket: 12 PLN (ca 2,6 euros); fitness: 12 PLN (ca 2,6 euros); swimming pool: 9 PLN (ca 2 euros); clubbing: 10 PLN (ca 2,2 euros)

## **Accommodation**

Since the Academy does not have its own students house, the employees of International Relations Office help to find accommodation for international students in off-campus dormitories. Most students share rooms in rented flats, where the place in a double room costs ca 300 PLN (ca 66,6 euros).

## **Meals**

As Sanok is known as a tourist town, there are a lot of restaurants with traditional Polish meals, as well as pizzerias, snack bars ect. During the breaks between classes students can use the academic bar which serves breakfasts and lunches at reasonable prices.

## **Disabled students**

The Academy has a special employee helping disabled students, who provides care for all students with different kinds of disability. All buildings in our campus have facilities for disabled students.



# HOW TO GET TO SANOK

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**By plane:** The International Airport Rzeszów – Jasionka is located 87 km from Sanok. The airport is conveniently connected with the centre of Rzeszow by bus service, operated by a special L bus. Bus fares and tickets: regular – 3,60 PLN (ca 0,8 euros), reduced – 1, 80 PLN (ca 0,4 euros). Current schedule: [www.mpk.rzeszow.pl](http://www.mpk.rzeszow.pl) . Taxi – Airport taxi services are provided by three taxi companies. The average price to the center of Rzeszów is about 50 PLN (ca 11,1 euros). You can travel from the centre of Rzeszów to Sanok directly by bus. Ticket price: around 15 PLN (3,3 euros).

Another International Airport - Kraków-Balice is located 225 km from Sanok. Krakow Airport is served by two regular bus lines: 208 and 292 and one night line: 902, which connect the airport to the city. These are AGGLOMERATION BUS LINES. You can travel from Kraków to Sanok directly by bus. Ticket price: around 32 PLN (ca 7,1 euros)

**By coach:** It is quite easy to get to Poland using international coach lines. Large cities (such as Warsaw, Krakow, Poznan, Gdansk and others) are situated on European routes with many connections. You can get to Poland by bus either directly or you can choose an interesting option with changes in different cities on your route. The choice is as wide as the number of services, and covers both convenient travel options and a variety of ticket prices. Many transport services offer stops in smaller Polish towns, including Sanok. Bus connections with Poland have been established with many countries: Belgium, Bulgaria, the Czech Republic, Denmark, France, Greece, Spain, Holland, Ireland, Lithuania, Morocco, Germany, Norway, Portugal, Russia, Slovakia, Switzerland, Sweden, Ukraine, Great Britain and Italy.

**By car:** You can cross the Polish border at any time travelling on one of many roads linking Poland with the neighboring countries. Checkpoints on border crossings with other EU countries have been removed, as Poland belongs to the Schengen area.



[www.pwsz-sanok.edu.pl](http://www.pwsz-sanok.edu.pl)



# STUDENTS LIFE

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## **Sports**

As of the academic year 2015/2016 the Academy has a brand new Sports Center with a full-size sports hall, fitness room, gym and rehabilitation room, where students can practice several sports disciplines: floorball, football, volleyball, badminton, basketball ect.

## **Culture**

As Sanok is called "The Town of Art", we can find here a rich cultural life. The local cultural center offers concerts, theatrical performances and exhibitions, especially in summer time, when most events take place in the open air.

## **Students organizations**

The Academy offers student scientific clubs in various fields, where students interested in research can find something specially for themselves, eg. tourism, economy, photography, pedagogy, social work, mechanics, nursing, ect.

## **Night life**

Despite the fact that Sanok is a small town, students can find here bars, clubs and discos to entertain themselves. One of the most popular is Hades Club.

